

# GUIDELINES FOR JOINING THE REGISTRY

All you need is to:

- 1 Be between the ages of 18 and 60**
- 2 Be willing to donate to any patient in need**
- 3 Meet the health guidelines**



These conditions would prevent you from joining the registry:

- HIV or risk for HIV
- Hepatitis or risk for hepatitis
- Most forms of heart disease or cancer
- Chronic lung disease
- Diabetes requiring insulin or diabetes-related health issues
- Diseases that affect blood clotting or bleeding
- Recent back surgery, or severe or ongoing back problems
- Autoimmune/neurological disorders such as lupus, rheumatoid arthritis or multiple sclerosis
- Being an organ or marrow transplant recipient
- Significant obesity
- Current sleep apnea

## Height and Weight Guidelines

Height	Max. weight (lbs.)	Height	Max. weight (lbs.)
4'10"	191	6'0"	295
4'11"	198	6'1"	301
5'0"	204	6'2"	310
5'1"	211	6'3"	321
5'2"	218	6'4"	328
5'3"	225	6'5"	339
5'4"	233	6'6"	345
5'5"	240	6'7"	355
5'6"	247	6'8"	363
5'7"	255	6'9"	374
5'8"	263	6'10"	381
5'9"	270	6'11"	392
5'10"	278	7'0"	400
5'11"	286		

Ask for other ways to help if you cannot join the registry.

