

Monday, January 30 th	Tuesday, January 31 st	Wednesday, February 1 st
<p>Aerobics</p> <ul style="list-style-type: none"> • Fitness Boot Camp 8-8:45am in Levering Gym • Mommy and Me 10:00-11:00am on Walking Track/Levering Gym. • Practical Pilates 4:45-5:45pm in Levering Gym <p>Main Gym</p> <ul style="list-style-type: none"> • Volleyball at 6:30pm 	<p>Men's Fitness</p> <ul style="list-style-type: none"> • Resolution 20: The Gauntlet 3:30-4:30pm in Levering Gym. <p>Aerobics</p> <ul style="list-style-type: none"> • Practical Pilates 4:45-5:45pm in Levering Gym. • Aqua Alive 5:00-5:45pm • Zumba 8:00-9:00pm in Levering Gym <p>Pool</p> <ul style="list-style-type: none"> • Guard break from 9-9:30am <p>Main Gym</p> <ul style="list-style-type: none"> • Boyce Basketball Practice 8-8:45 	<p>Aerobics</p> <ul style="list-style-type: none"> • Fitness Boot Camp 8:00-8:45am in Levering Gym. • Mommy and Me 10-11am on Walking Track/Levering Gym. <p>Pool</p> <ul style="list-style-type: none"> • Pool closes at 6:00pm. • Swim Lessons #1 3:30-5pm
Thursday, February 2 nd	Friday, February 3 rd	Saturday, February 4 th
<p>Men's Fitness</p> <ul style="list-style-type: none"> • Resolution 20: The Gauntlet 3:30-4:30pm in Levering Gym. <p>Aerobics</p> <ul style="list-style-type: none"> • Practical Pilates 4:45-5:45pm in Levering Gym. • Aqua Alive 5:00-5:45pm • Zumba 8:00-9:00pm in Levering Gym <p>Pool</p> <ul style="list-style-type: none"> • Guard break from 9-9:30am. • Guard break from 3-3:30pm 	<p>Aerobics</p> <ul style="list-style-type: none"> • Fitness Boot Camp 8:00-8:45am in Levering Gym. • Mommy and Me 10-11am on Track/ Levering. <p>Pool</p> <ul style="list-style-type: none"> • Swim Lessons #1 3:30-5pm 	<p>Parent's Night Out</p> <ul style="list-style-type: none"> • Registration starts at 9am <p>Ping Pong Tournament</p> <ul style="list-style-type: none"> • 10am <p>Pool</p> <ul style="list-style-type: none"> • Guard break from 6-6:30pm